AADAC

Alberta Alcohol and Drug Abuse Commission Annual Report 1987 • 88

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LETTER FROM THE MINISTER

89-05162/

HEALTH

Office of the Minister

130 Legislature Building, Edmonton, Alberta, Canada T5K 2B6 403/427-3665

September 30, 1988

Honourable Dr. David Carter
Speaker of the Legislative
Assembly of Alberta
325 Legislature Building
Edmonton, Alberta
T5K 2B6

Dear Dr. Carter:

I have the honour to present herewith the Annual Report of the Alberta Alcohol and Drug Abuse Commission for the fiscal year ended March 31, 1988.

Yours sincerely,

Nancy J. Betkowski
Minister

Nancy J. Betkowski
Minister of Health

ALBERTA
ALCOHOL
AND DRUG ABUSE
COMMISSION

AADAC

10909 Jasper Avenue
Edmonton, Alberta
Canada T5J 3M9
Tel: (403)427-2837

Honourable Nancy Betkowski
Minister of Health
130 Legislature Building
Edmonton, Alberta
T5K 2B6

Dear Minister:

I am pleased to present to you the Annual Report of the Alberta Alcohol and Drug Abuse Commission for the fiscal year ended March 31, 1988.

This Report represents the principal activities of many programs administered by the Commission as well as a statement of financial transactions for the year, together with its position at year-end, in compliance with Section F12(1) of The Alcohol and Drug Abuse Act.

Cordially,

Stan Nelson

Stan Nelson, M.L.A.
Chairman

An Agency of the
Government of
Alberta

Stan Nelson, MLA
Chairman
Alberta Alcohol and Drug Abuse Commission

CHAIRMAN'S REPORT

Since my appointment as Chairman of AADAC in September of 1987, I have had many rewarding experiences. It has been a very informative time for me as I have tried to gain some knowledge of the addictions profession. AADAC has some of the most dedicated professionals I have had the opportunity to meet and be associated with. I have visited many AADAC facilities and Funded Agencies and have learned about the variety of programs AADAC has to offer. It has been a very active and challenging time for the Commission and the AADAC staff.

In 1987-88, Alberta citizens have continued to rely on AADAC to provide treatment, education and prevention services. Approximately 260,000 Albertans utilized AADAC education and treatment services during the 1987-88 fiscal year.

AADAC's adolescent-oriented prevention program has continued in its development of new and innovative materials to help Alberta's youth make the most of themselves. **Zoot, the Magazine** has come to play a more prominent role in the program and is now reaching more than 100,000 teens in the province. Curriculum-specific school packages have been developed and a variety of other materials are available for use by teens, their parents and educators. Community-based projects and educational theatre are an integral part of the overall programming strategy. The excellence of our adolescent program has been recognized at the local, national and international levels through a number of awards for excellence in design and communications.

The Commission's expertise in the area of treatment as well as prevention has continued to be acknowledged through our involvement in the National Drug Strategy and the National Impaired Driving Strategy initiatives conducted by the federal government. We frequently receive requests from other jurisdictions and countries for information and consultation. In addition, a number of other Canadian provinces are utilizing AADAC materials in their programming.

In addition to AADAC's regionalized service delivery offices, the Commission also provided funds to more than twenty-nine non-profit societies directed by volunteer boards, giving a province-wide network of inpatient and outpatient treatment programs. These volunteer board members have dedicated many hours of their time and provide a valuable service to their fellow citizens.

The Commission also continued to operate the Alberta Impaired Drivers' Course, **Planning Ahead**, for individuals convicted of impaired driving offences for the first time, and **IMPACT**, a program for repeat offenders. The **IMPACT** program, run on weekends, consists of thirty hours of intensive classroom sessions and assessment. Clients must comply with the assessment recommendations as a condition of their drivers licence reinstatement. Research with participants indicates that they are positive about the program and that it is helpful. In 1987-88 more than 10,000 individuals attended **Planning Ahead** and 2,600 attended **IMPACT**.

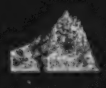
The citizens and the Government of Alberta can be justifiably proud of building and supporting the work of AADAC in meeting the needs of Alberta citizens. I look forward to continuing the work and challenges the Commission will face in the coming year. Demand for services and acceptance of those services offered by AADAC have reached new heights in our communities. The quality of the services offered by AADAC and the many Funded Agencies is being recognized and utilized as people identify the need for addictions services.

In the upcoming year, AADAC will be examining and assessing the issues of adolescent treatment and the development of the Northern Addictions Treatment Centre in Grande Prairie. These two new initiatives will enhance AADAC's ability to serve the people of this province.

With the support of the Alberta public and the commitment of the staff, AADAC has achieved a place as a leader in the addictions field in Canada and indeed the world. With continued support, we will endeavour to maintain and enhance the level of service we provide to the citizens of Alberta.

Stan Nelson, MLA
Calgary-McCall
Chairman
1987-88

COMMISSION BOARD MEMBERS



Greg Stevens
MLA
Banff-Cochrane
Chairman 1985-87

Dan Vandermeulen
High Prairie
Vice Chairman
Appointed Feb. 1987

Walt Boddy
Edmonton

Aris Coventry
Lac La Biche

Dr. Tom Melling
Lethbridge

Lee Reekie
Calgary

Joe Lipka
Sherwood Park

Leona Shandruk
High Level

Stan Mlynarski
Calgary

Stan Nelson
Calgary
Chairman

WHAT IS AADAC?

AADAC is the Alberta Alcohol and Drug Abuse Commission.

It is an organization funded by the Government of the Province of Alberta. AADAC provides Albertans with assistance in dealing with alcohol and drug concerns through prevention and treatment programs.

AADAC is directed by a citizens' board and a chairman appointed by the Alberta Government.

How does it work? • The Commission provides services through two avenues. Direct service is provided by AADAC offices and clinics throughout the province. Funds are also given to private treatment and prevention services. This combination of programs provides an extensive range of services related to the use and abuse of alcohol and other drugs.

AADAC's counselling and education services are free. Nominal registration fees are charged at the inpatient treatment centres.

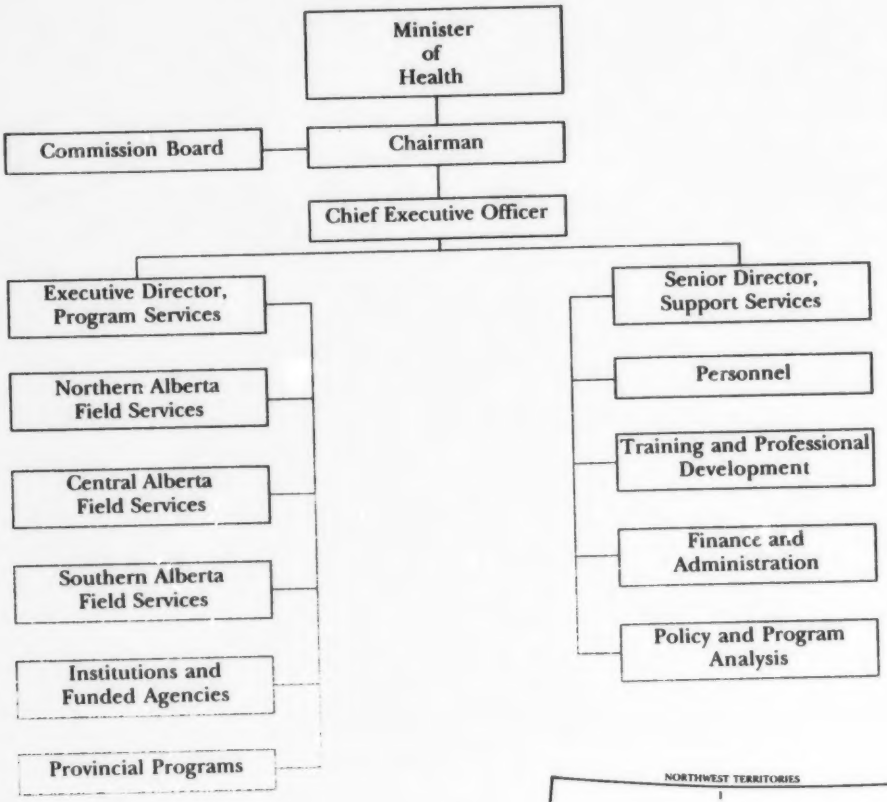
Where is AADAC? • AADAC has divided the province into three geographic areas or divisions. Each area has a Divisional Office which ensures that assistance is available throughout its jurisdiction via a network of area offices. The addresses and telephone numbers for AADAC centres are listed in the telephone directory under Alberta Alcohol and Drug Abuse Commission.

What services does AADAC offer? • AADAC offers treatment, education and prevention programs to the citizens of Alberta. AADAC's prevention and education programs include information and training programs for community and professional groups as well as a major program for adolescents. The adolescent program features a variety of communications components and includes funding to community groups to help teens develop skills and abilities that will enable them to develop responsible behaviours related to substance use.

AADAC also administers the Alberta Impaired Drivers' Course, **Planning Ahead**, and the **IMPACT** program for repeat offenders, and attempts to establish new impaired driving countermeasures.

Treatment services are available to anyone concerned about alcohol/drug use. Programs include components for family and friends. Outpatient counselling, detoxification centres and inpatient treatment centres are located around the province.

ORGANIZATIONAL CHART AND SERVICES MAP



FIELD SERVICES

- Divisional Boundary
- District Boundary
- Area Boundary
- Divisional Office
- District Office
- Area Office
- Institution
- Funded Agency

PROGRAM SERVICES

Field Services

Role • AADAC provides services directed towards the prevention and treatment of addictions for citizens across Alberta. Additionally, it plans, implements and evaluates strategies which support the field delivery of the services and which provide access to and coordination with other program divisions.

Services • Northern, Central and Southern Alberta Field Services deliver prevention and outpatient treatment services throughout Alberta. Nineteen area offices offer both prevention and treatment services to rural communities and smaller cities. In addition, six of the specialized units provide prevention or treatment in Edmonton and Calgary.

Division	Administration	Area Offices	Specialized Units
Northern Alberta Field Services	Grande Prairie	Grande Prairie High Level Peace River High Prairie Slave Lake Grand Centre Lac La Biche St. Paul Barrhead Fort McMurray	
Central Alberta Field Services	Edmonton	Edson Hinton Drayton Valley Red Deer Camrose	Downtown Treatment Centre West End Treatment Centre Day Counselling Unit Community Education Services
Southern Alberta Field Services	Calgary	Drumheller Lethbridge Brooks Medicine Hat	Calgary Counselling Services Community Education Services

Prevention Services are aimed at increasing public knowledge of AADAC's services, increasing understanding of alcohol and other drugs, and improving personal skills needed to address alcohol and other drug-related issues. Program activities include conferences, lectures, audiovisual presentations, seminars, exhibits, participation in community events, interagency linkages, consultation, and provision of material resources. Community involvement and assistance are also encouraged in the prevention and resolution of alcohol and other drug problems. This kind of community mobilization includes the coordination of youth-oriented projects; co-sponsorship of seminars and lectures; training of key influencers within the teaching, health and social services professional groups; and the promotion and support of employee assistance strategies in the workplace.

Treatment Services are directed toward the recovery of individuals who are experiencing alcohol/drug-related problems. Program activities include assessment, intervention, follow-up and, if indicated, referral to other appropriate programs or services. In the specialized treatment units, the services include group therapy, family counselling and other interventions which address selected populations within the client group.

Northern Alberta Field Services

Highlights • Students and staff of the High Prairie Junior High School planned and organized **Challenge '88**, a one-day workshop focusing on personal development and promoting AADAC's theme of "Make the Most of You."

Growing Healthy Children, a drug awareness and prevention program, was developed by the Peace River Area Office for parents of young children. The workshop, which dealt with family environment, discipline, role modeling and substance abuse, was conducted for fifty parents.

Walking the Fine Line is a fun exercise workshop, designed by the Slave Lake Area Office for students. Games and participation were the focus of this successful workshop teaching students how to cope with life's challenges.

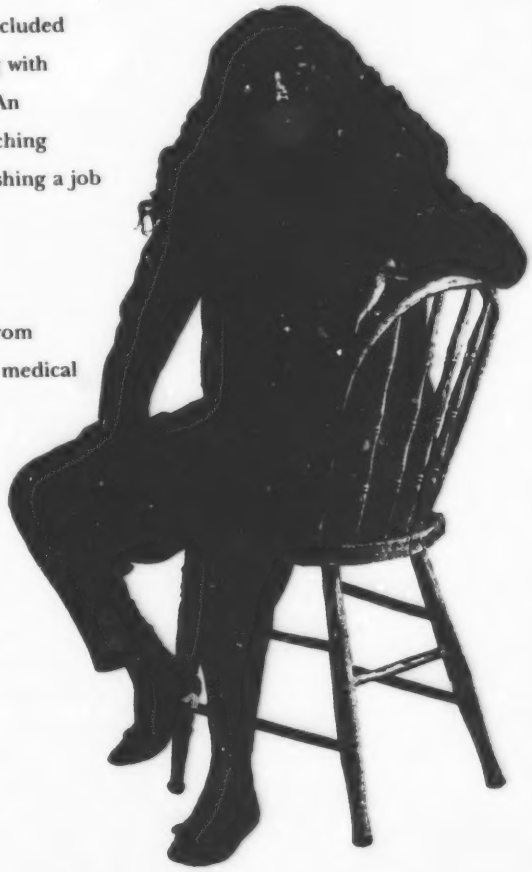
Grande Prairie Area Office held six weeks of workshops about mood-altering drugs, for young offenders at the Grande Prairie Young Offenders Centre.

Planning for Success, the AADAC relapse prevention program, was offered to Action North clients on a monthly basis by the High Level staff.

Solvent abuse was targeted in St. Paul through a number of strategies which included public awareness to merchants and youth influencers and direct programming with users identified through participation in a theatre project and summer camp. An inter-agency group developed a comprehensive approach to intervention, matching volunteers to solvent abusers, running a 12-week life skills program and establishing a job bank.

To address the need for youth treatment in the Lac La Biche service area, a **Coordinated Youth Drug Abuse Service** was formed with representation from AADAC, Lac La Biche School Division, Mental Health, Social Services and the medical community.

Through the joint efforts of several agencies in Fort McMurray, including AADAC in a primary role, a community-based assessment and referral centre known as the Personal Support Network was established. Corporate, private and public employers access Employee Assistance Program services in a coordinated manner resulting in more appropriate usage of community resources.



A teen conference entitled **Get With It** was held in March 1988, with eighty-five teens from the five communities of Barrhead, Swan Hills, Whitecourt, Slave Lake and Fahler who met at Teen Time Camp for a weekend retreat. Workshops included "Teens and the Law," "Self Esteem, Sexuality" and "Addictions."

The Grand Centre office and an Edmonton theatre group gave Theatre Sports workshops to local school drama classes in Bonnyville and Grand Centre. Theatre Sports is a competition in which teams of students act out audience suggestions on issues of concern to youth, parents and teachers. As a learning tool, Theatre Sports helps teens develop confidence and competence to manage their lives without relying on alcohol and drugs.

Central Alberta Field Services

Highlights • In Edmonton a group for women was developed as part of the Day Counselling Unit program. The Downtown Treatment Centre offered a treatment program for adolescents experiencing alcohol- and drug-related difficulties. The West End Treatment Centre offered a program to children nine to twelve years old who live in homes with parents dependent on alcohol or drugs.

Throughout Central Alberta Field Services, the **Peer Support** program of teens helping teens continued to be a priority. Approximately 70 schools in Central Alberta were involved in peer support. In Edmonton, a three-day orientation workshop was offered to professionals interested in initiating a peer support program, and a 2.5-day advanced skills workshop was addressed to those with some experience in peer support. In the Red Deer area, members of the peer support network delivered more than 200 youth-oriented projects.

A youth conference, **MOST II**, was held in Red Deer and was attended by 450 young people. The focus was on teen issues, peers as role models, and self coaching. Other youth conferences were held in Wildwood, Niton and Jasper.

Community Education Services (CES) in Edmonton undertook a major project in cooperation with a Parents Advisory Council at a local high school. A planning committee with representatives from the community, the student body, the school administration, the Alberta Motor Association, the police, and the school trustees undertook to develop and distribute a **Contract for Life** to encourage responsible independence among the students.

A parent-teen conference co-sponsored with a local radio station and the Edmonton Regional Guidance Council attracted an audience of more than 500 to the Edmonton Convention Centre.

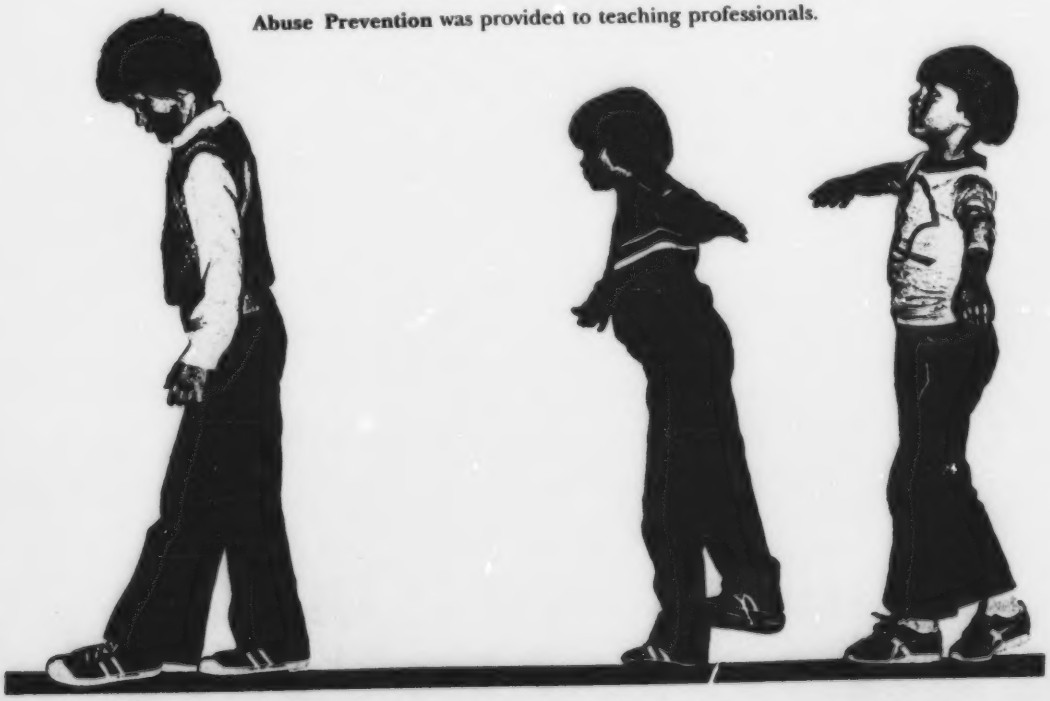
Lead on Life, a 20-page supplement dealing with alcohol and drug issues, was developed by Community Education Services and a chain of weekly newspapers in Central Alberta and was distributed to more than 90,000 homes. The supplement won a national award for best special section of its kind.

Several programs were carried out in collaboration with the University of Alberta. An AADAC internship involving Edmonton area Clinics and Institutions was offered to two fourth-year medical students, and a CES staff member presented an addiction unit to all students in the second-year Community Medicine course. Six sessions on Substance Abuse Counselling for graduate students in Educational Psychology were coordinated by CES but also involved Clinic staff. In addition, AADAC collaborated with the University to enhance the addictions resources in the Scott Medical Library.

Southern Alberta Field Services

Highlights • Calgary Community Education Services completed a small business study which identified needs and strategies for working with issues of health in the workplace and increasing awareness of alcohol and drug problems. The Professional Development Series, a training program intended to help professionals increase their knowledge of issues in the treatment and prevention of alcohol and drug problems, was developed.

Increased services to rural communities resulted from efforts to assist them in providing a level of service to their own communities. **Touchstones, A Family Drug Education Course** was piloted in Okotoks through community members. A Teen Distress Line in Airdrie was planned. A teleconference course through the University of Calgary Education Department entitled **Drug Education and Substance Abuse Prevention** was provided to teaching professionals.



The community projects fund provided support to 23 **Peer Support** projects. Conferences and special training events were also held in support of the peer support programming. The **Community Leader Projects**, done in conjunction with the Junior League, trained six community leaders as volunteers to present AADAC youth programs. A Project Management Guide and Orientation Manual were developed to support this program.

The **Area III Project** for 36 guidance counsellors was developed and implemented as an intervention strategy for students undergoing disciplinary action resulting from conflict with school alcohol and drug policies.

Calgary Counselling Services collaborated in the development of a **Dual Diagnosis Clinic** (drug abuse and psychiatric problems) at the Foothills Hospital, with an AADAC staff member working with the clinic on a part-time basis. The clinic provided practicum training to students in Nursing, Social Work, Medical Education and Social Services programs.

A training program was delivered to staff of the Solicitor General's department to provide them with a better understanding of drug abuse problems and the services of AADAC.

Project Participation, a program designed to enhance the positive development of youth, has been expanded to nine communities in southern Alberta. There are more than 100 community adults and youth working together to plan and deliver this project in their communities. This project was presented to the federal Minister of Health and Welfare as an example of a positive community-based program that is assisting youth to grow and develop.

Peer Support programs were active in Lethbridge, Medicine Hat and Drumheller schools, with a number of training events held in support of this program. A peer support/peer educator program for seniors, developed in the Brooks office, spread to groups in Medicine Hat and Lethbridge. This program has seniors working to assist each other with AADAC providing support and information on ways they can improve their health.

The Medicine Hat office worked with a local theatre group, Inter-Act, to develop and present a drama on substance abuse at a provincial youth conference.

Institutions and Funded Agencies

Role • This division provides residential addictions treatment services and assists local communities in implementing addictions programs.

It also provides assistance to families and other significant people who can support addicted clients both during and after a treatment program. In providing support to community-based programs, the division encourages the community to feel a sense of ownership and responsibility for programs.

Services • The AADAC Recovery Centre in Edmonton and the Renfrew Recovery Centre in Calgary provide a safe environment for individual withdrawal from alcohol and other drugs. A treatment plan is developed with clients, and appropriate referrals are made for ongoing service. Each centre uses the network of AADAC and community agency programs to ensure that individual treatment needs of each client are met.

Henwood Treatment Centre and the Lander Treatment Centre are two well-established AADAC residential institutions that provide specialized intensive programs within a protective and supportive environment. Individual, group and family program components are focused toward client assistance, and aftercare provisions are made to support clients' transition back to their community.

The community programs receiving AADAC funding are outlined in the chart on the next page.

Highlights • To better address the special needs of clients who are having limited success with inpatient treatment, the Lander Treatment Centre piloted a relapse prevention program. Favourable results have led to the incorporation of the program activities as a regular feature now offered to new and repeating clients as an additional treatment option.

On the basis of client evaluations, Henwood has initiated numerous strategies to increase its program effectiveness. Changes have included the reformulation of the information series, the establishment of a revised admission procedure, and planning of treatment tailored to the individual needs of the clients.

To facilitate the referral of clients to the most appropriate treatment services, Renfrew Recovery Centre developed a regular network for communication with other local sectors of AADAC, Alcoholics Anonymous, hospitals, and Calgary City Police. This has resulted in greater understanding of service interrelationships and more efficient client access. AADAC Recovery Centre, in conjunction with the AIDS Network of Edmonton, held the first conference in the province addressing AIDS issues. This conference, directed to health care professionals, addressed educational and clinical issues.

Key speakers included The Honourable Nancy Betkowski, then Minister of Education; Stan Nelson, Chairman of AADAC; and Dr. Kate Hankins of Montreal. More than 350 delegates attended from Alberta, British Columbia, Saskatchewan, and the Northwest Territories.

As a result of economic restraint, AADAC discontinued funding the outpatient counselling services of Stoney Tribal Counselling Services at Glenevis and Janvier Alcoholism Program at Chard. Funding for Genesis House–a residential program for young people, administered by Catholic Social Services–was also discontinued. Transportation for detoxification clients from Lethbridge to Fort Macleod was eliminated as a result of a budget reduction to Southern Alcare Manor.

During February 1988, the Walter A. "Slim" Thorpe Recovery Centre in Lloydminster relocated to their new facility. This program is cost-shared by AADAC and Saskatchewan Alcohol and Drug Abuse Commission.

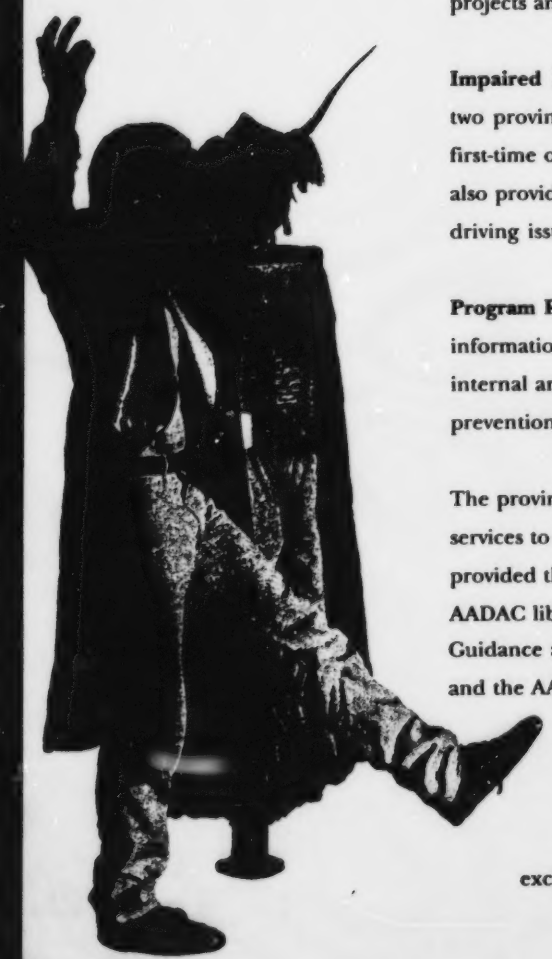
Programs Receiving Funding

Program	Location
• Action North Recovery Centre	High Level
• Alcohol and Drug Abuse Services (Alpha House)	Edmonton
• Bonnyville Indian Metis Rehabilitation Centre	Bonnyville Fishing Lake Elizabeth Settlement
• Boys' and Girls' Club of Hinton	Hinton
• Calgary Alpha House Society	Calgary
• Cool-Aid Society of Grande Prairie	Grande Prairie
• Distress Centre/Drug Centre	Calgary
• Foothills Alcohol Action Society	Fort Macleod
• George Spady Centre	Edmonton
• Jellinek Society	Edmonton
• Jimmy Wolf Tail Memorial Residence Society	Brocket
• Lethbridge and Community Addictions Treatment Society (Napi Lodge)	Lethbridge
• McDougall House	Edmonton
• Metis Indian Town Alcohol Association	High Prairie Cadotte Lake/Little Buffalo Valleyview
• Native Alcoholism Services	Calgary
• Nechi Institute on Alcohol and Drug Education	Edmonton
• O'Meara Rehabilitation Centre	Legal
• Pastew Place Detoxification Centre	Fort McMurray
• Poundmaker's Lodge	Edmonton
• Recovery Acres (Calgary) Society	Calgary
• Recovery Acres Society	Edmonton
• Riverside Villa Association Villa North Villa South	Calgary Calgary Rocky Mountain House
• Rocky Native Friendship Centre	Red Deer
• Salvation Army	Slave Lake
• Slave Lake Native Friendship Centre	Calling Lake
• Southern Alcare Society and Industries	Lethbridge
• Sunrise Residence Society	Calgary
• Veg-Al-Drug Society	Vegreville
• Walter A. "Slim" Thorpe Recovery Centre	Lloydminster Wainwright

Provincial Programs

Role • Provincial Programs operates programs and services that are most effectively managed on a provincial basis. The unit has three roles. The first is to offer education and prevention programs to the public on a province-wide basis. The second role involves stimulating public action to take local initiatives on alcohol and drug problems. This is done through encouraging and funding small community projects and by supplying program resource materials to key professionals and groups. The third role is to provide support to other AADAC service divisions through the development of program materials and the provision of professional library services.

Services • The **Communications Program** is responsible for the development and production of educational materials such as videotapes, print materials and materials for use by newspapers, radio and television. Communications is most noted for its prevention program for adolescents. This program combines thorough problem analysis with marketing, advertising and communications to achieve behavioural and attitudinal impact. The adolescent program includes a magazine for teens (**Zoot**), community-based projects and a variety of other communications vehicles.



Impaired Driving Programs involves the planning, administration and coordination of two province-wide programs: the Alberta Impaired Drivers' Course, **Planning Ahead** for first-time offenders and the **IMPACT** program for repeat offenders. This department also provides liaison with other departments and agencies with respect to impaired driving issues.

Program Resources is responsible for the development, production and distribution of information and program materials including school curriculum support materials, the internal and external newsletters, booklets, posters and pamphlets regarding treatment, prevention and education.

The provincial addictions library, housed in Edmonton, provides specialized information services to AADAC staff. Support to the professional, and to the general public, is provided through local resources such as professional, school and public libraries. The AADAC library produces and distributes materials to augment school library collections. Guidance and funding for local community projects supporting community initiatives and the AADAC adolescent campaign are part of this service, as are prevention and education-oriented theatre tours and projects.

Highlights • AADAC received a number of prestigious national and international awards, including the Markie and Hygeia awards, for excellence in communications material.

The profile and distribution of **Zoot, the Magazine**, AADAC's award-winning publication for teens, was substantially increased to over 100,000 through a variety of promotional strategies.

The **Powers and Becoming** video series was revised and an additional 15-minute summary video was developed. The series examines independence and freedom as a context for understanding dependence on intoxicants.

A number of AADAC's resources were accepted as recommended resources for curriculum material with Alberta Education.

Touchstones, A Family Drug Education Course was developed to provide a resource to the community adult education and continuing education systems, to deliver as a prevention education program to parents.

The award-winning **Facts Folder** was developed and distributed to school libraries as an additional source of relevant, research-based information on drug and alcohol issues for junior and senior high school students.

AADAC and SALIS (Substance Abuse Librarians and Information Specialists) hosted an international symposium to discuss the international dissemination of information and research.

An educational theatre tour of **Zeke and the Indoor Plants** played to 10,000 students around Alberta. Many students participated in a province-wide video contest which was highlighted on Switchback, a CBC television show. This tour was co-sponsored with six Alberta foundations.

No Time to Spare, a collective theatre production by seniors about healthy lifestyles after retirement, was performed to audiences of seniors, helping professionals and students training to work with seniors.

Planning for Success, a complete program package for preventing relapse, was developed for use in treatment programs.

A **Resources Catalogue** of AADAC material was developed to aid in the marketing of AADAC's resources nationally and internationally.

A new one-day Impaired Drivers' Course for first offenders, **Planning Ahead**, was developed. This interactive learning course was offered 631 times in 39 communities throughout the province. A total of 10,199 first-time suspended drivers attended the course. The **IMPACT** programs for repeat impaired driving offenders had 2,625 participants in 84 weekend sessions.

SUPPORT SERVICES

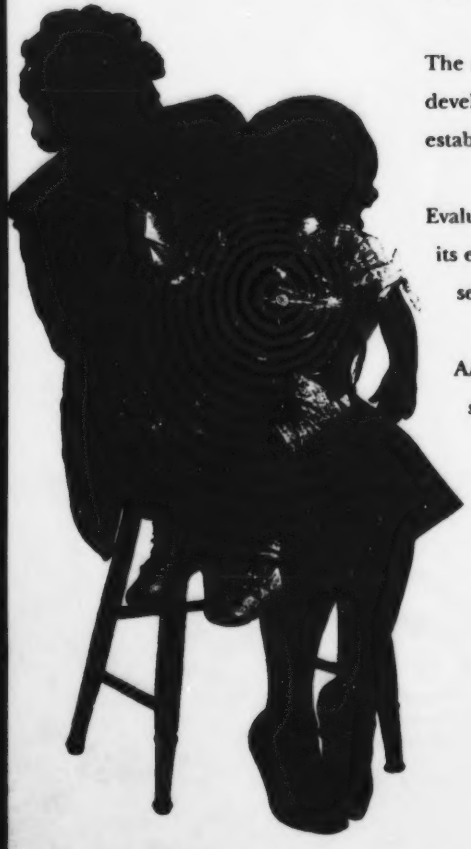
Policy and Program Analysis

Role • The Policy and Program Analysis division assists the Commission Board, Executive and Program Management in making informed decisions and improving program effectiveness through research analysis and program evaluation.

Services • The division provides comprehensive policy analysis and development for the Commission Board. Reports are prepared on the characteristics of clients, of treatment programs, and of educational services. The division also designs and implements major program evaluation projects and consults with staff on the planning, implementation and utilization of evaluation.

Highlights • An **AIDS Primer for Helping Professionals and Educators**, the second publication in AADAC's **Monograph Series**, was completed and distributed to AADAC offices and facilities. The booklet, which provides a non-technical overview of the disease, has been extensively publicized among other helping agencies and the public.

A report on characteristics of effective Adolescent Addictions Treatment Programs was prepared for AADAC's Commission Board. The information about effective approaches to this complex and varied problem assisted the Board in defining its approach to this area.



The division provided background material and assisted the Commission in the development and review of a number of AADAC policies. Support was also provided in establishing standardized procedures for future policy review and development.

Evaluation of AADAC's Prevention Program for Adolescents continued to demonstrate its effectiveness. A number of program change options were presented to AADAC's senior management.

AADAC's four statistical management information systems supported several special strategic issue investigations for AADAC's senior management. A large number of special investigations were conducted in support of program planning and operation for AADAC's Program Services management.

Alcohol Use in Alberta is a report which provides factual information on the extent of alcohol use and the extent of alcohol-related problems. A background report on the health effects of cannabis was prepared for AADAC management, based on a thorough review of the current literature, and intended to serve as a resource for AADAC staff. **IMPACT: Program Development Studies** details the results of seven research studies whose aim was the improvement of the program.

Evaluation of a pilot Community Mobilization Theatre Project in northeast Alberta showed the usefulness of theatre techniques in helping communities develop a wide range of local addictions prevention projects. The positive evaluation of this project has refined sound new techniques for AADAC's work with communities.

The division provided support in the planning of a pilot project to field test materials intended to enhance the referral of clients between physicians and AADAC staff. These materials were developed under the auspices of a liaison committee composed of AADAC and Alberta Medical Association representatives.

The first two editions of AADAC's new information sheet, **Profile**, were produced. The initial topics examined were recent trends in treatment, and the services provided by AADAC's Community Education Services.

Research Recipes, a research guide handbook and a two-day intensive research workshop, was developed to assist AADAC staff in making informed decisions about local programs.

Staff also developed papers about the success of AADAC's programs and evaluation approaches for local, provincial and international professional associations.

Training and Professional Development

Role • This division provides appropriate training and development opportunities to enhance the job performance and professional development of AADAC personnel and allied professionals.

Services • Training and Professional Development offers training and development programs in the addictions field. Programs cover a wide range of topics related to treatment, prevention and education for both line staff, managers and allied professionals. This office also coordinates the attendance of AADAC staff at courses offered elsewhere, and jointly administers AADAC's guidelines for Education Leave and Addiction Counsellor advancement. It also provides consultation to field offices and staff regarding training, development and career planning.

Highlights • Training and Professional Development offered 34 courses to 601 participants. Thirty-two external courses were accredited for 87 staff. Allied professionals made up 24 percent of the total participants in courses offered by this office. External participants consisted of staff from other addictions services, social workers, pharmacists, corrections personnel and staff from the Department of National Defense.

Training and Professional Development cooperated in programs with the Alberta Association of Gerontology, Alberta Social Services, Athabasca University, Shell Canada, College of Family Physicians of Canada, Nechi Institute, Advanced Education, Corrections Services Canada, the Alberta Pharmaceutical Association and the Edmonton Board of Health.

Within AADAC, projects included development of a Human Resource Development Plan, partial cost-recovery on courses, implementation of an executive teleconference, representation of training interests regarding the National Drug Strategy, use of teleconferencing for training activities, implementation of a Brown Bag Lunch Film Series and development of a Human Resource Inventory of instructors and agencies.

Personnel

Role • Personnel is committed to a proactive approach to human resource management. This division continues to recruit, motivate and retain productive employees to meet the human resource needs of AADAC.

To fulfill these needs, Personnel works with AADAC management and employees to develop and maintain programs and services in the areas of compensation and benefits, recruitment and selection, classification and employee relations.

Highlights • On March 31, 1988, AADAC's Early Retirement Incentive Program came to a close. The program was administered by Personnel and required strong liaison with Alberta Treasury's Payroll and Pensions Division and the Personnel Administration Office. This program was offered to 42 eligible employees, and 59.9 percent of them decided to enrol.

In 1987, Personnel initiated an analysis of AADAC's Long Term Disability Plan premium costs to ensure the rates were competitive. The results of the research indicated that AADAC was, in fact, receiving very competitive rates for this plan, so the decision was to remain with the current carrier.

In February 1988, in keeping with ongoing government restraint measures, AADAC advised its employees as to its current stand on downsizing initiatives. AADAC abolished 20 positions and Personnel made every effort to place the affected employees, either through identified alternate positions or internal recruitment competitions.

Statistics

Total Recruitment Competitions (Salaried Employees)	87
Commencements	84
Terminations	60
Transfers and Promotions	30
Permanent Salaried Employees	366
Position Classifications Reviewed	75
Positions Reclassified/Reallocated	9

Finance and Administration

Role • Finance and Administration, in accordance with provisions of the Financial Administration Act, is responsible for the collection, management, control and reporting of revenue and expenditure for the Commission. The division acts as a resource to program service staff on finance, accounting, purchasing and facility administration matters.

Services • Finance and Administration coordinates, analyzes and implements the annual budget, processes all revenue and expenditure accounts and monitors third-party contracts. The division is responsible for the preparation of monthly financial control reports and annual audited financial statements. Finance and Administration also provides consulting and coordinating services in the design and acquisition of facilities and accommodation for the Commission.

Highlights • The division negotiated a change in funding arrangements to provide for the province to fund the Commission as a Grant Funded Agency effective April 1, 1988. This will provide the Commission more flexibility and allow it to recover some costs related to its program materials and services.

Finance and Administration was reorganized to provide for effective implementation of grant funding with existing manpower.

Approximately 14,000 invoices were processed with a total value in excess of $13,000,000 through the payment of accounts system. Average processing time for the Commission was approximately 24 days at March 31, 1988.

The division developed a new donation envelope for the Memorial Trust Fund to increase the awareness of the Trust Fund.

Arrangements were completed for relocation of Lac La Biche Area Office and Alberta Impaired Drivers' Course. Specific leases for funded programs were renewed.

A training course was delivered to program field staff on budgeting and financial controls. Field audits were completed on financial controls for selected funded programs.

STATISTICAL SUMMARY OF SERVICES*

* 1986/87 figures have been updated since the 1986/87 Annual Report, and are hence slightly greater than in that report.

** Collaterals are individuals who are admitted to receive assistance in dealing with someone else's substance abuse problem.

AADAC Facilities

Type of Admission	87-88	86-87
Number of Clients Admitted	**16,092**	16,938
Number of Collaterals Admitted**	**3,444**	3,339
Status Undetermined	**0**	20
Total	**19,536**	20,297

Admissions

	Client		Collateral	
	87-88	86-87	87-88	86-87
by Sex				
Male	**11,822**	12,607	**686**	702
Female	**4,270**	4,331	**2,758**	2,637
by Age Group				
- 18	**1,066**	1,199	**320**	347
18-19	**563**	611	**54**	72
20-24	**1,849**	2,252	**282**	290
25-29	**2,877**	2,936	**477**	486
30-34	**2,929**	3,066	**582**	494
35-39	**2,182**	2,296	**401**	526
40-49	**2,738**	2,696	**748**	701
50 +	**1,888**	1,882	**520**	423

Figure A:
Sex and Admission Type 1987-88

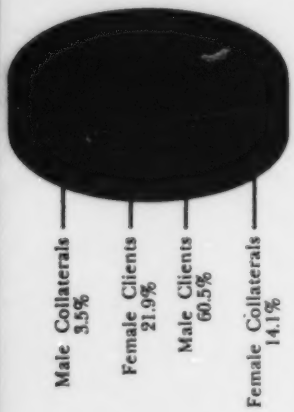
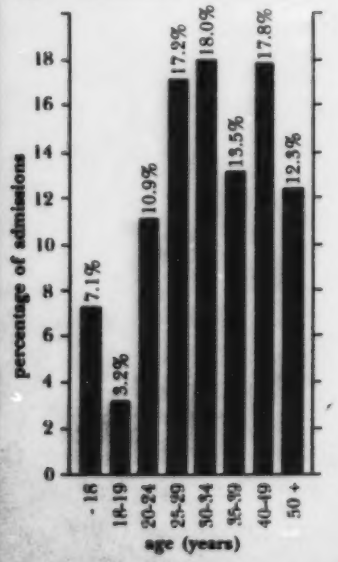


Figure B:
Age of Admissions 1987-88



Primary Drug Problem (clients only)

	87-88	86-87
Alcohol	**11,251**	11,998
Heroin/opiates	**315**	302
Hallucinogens	**17**	39
Marijuana/hashish	**900**	1,120
Tranquilizers	**207**	220
Barbiturates	**22**	29
Amphetamines	**35**	39
Cocaine	**264**	223
Solvents	**N/A**	N/A
Other	**210**	459
Not Reported	**2,871**	2,509

Detoxification Centres

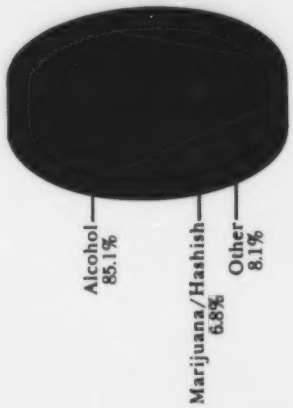
Client Admissions

	87-88	86-87
by Centre		
AADAC Recovery Centre	**2,879**	2,677
Renfrew Recovery Centre	**1,985**	2,203
Total	**4,864**	4,880
by Sex		
Male	**3,755**	3,795
Female	**1,109**	1,085

	87-88	86-87
by Age Group		
-18	**94**	93
18-19	**130**	121
20-24	**433**	534
25-29	**837**	746
30-34	**885**	900
35-39	**723**	724
40-49	**953**	978
50+	**809**	784

	87-88	86-87
Average Time in Treatment for Those Discharged During the Year	**5.2 days (n=4,864)**	5.2 days (n=4,880)

Figure C:
Primary Drug Problems of Clients Admitted 1987-88



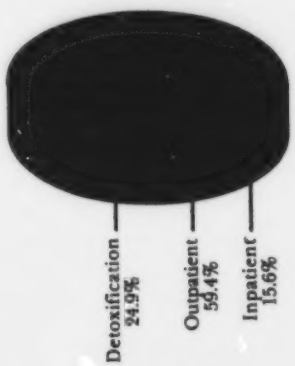
Inpatient Centres

by Type of Admission	Lander Centre Treatment 87-88	Lander Centre Treatment 86-87	Henwood Centre Treatment 87-88	Henwood Centre Treatment 86-87
Number of Clients Admitted	**1,124**	1,222	**1,123**	1,245
Number of Collaterals Admitted	**446**	475	**374**	376
Total	**1,570**	1,697	**1,497**	1,621

Admissions

	Client		Collateral	
	87-88	86-87	87-88	86-87
by Sex				
Male	**1,647**	1,857	**168**	180
Female	**600**	610	**652**	671

Figure D:
Admission by Type of Treatment 1987/88



Admissions (Inpatient Centres)

	Client		Collateral	
	87-88	86-87	87-88	86-87
by Age Group				
- 18	**63**	98	**88**	98
18-19	**41**	62	**14**	14
20-24	**212**	285	**73**	79
25-29	**400**	421	**93**	131
30-34	**440**	453	**130**	115
35-39	**328**	345	**107**	123
40-49	**454**	484	**178**	180
50 +	**309**	319	**137**	111

Average Length of Stay for Those Discharged During the Year	87-88	86-87
Regular Program Clients	**15.9 days (n=1,642)**	15.9 days (n=1,911)
Follow-up Clients	**5.8 days (n=605)**	5.9 days (n=556)
Collaterals	**6.1 days (n=820)**	5.7 days (n=851)

Outpatient Treatment Centres

	87-88	86-87
by Type of Admission		
Number of Clients Admitted	**8,981**	9,591
Number of Collaterals Admitted	**2,624**	2,487
Status Unknown	**0**	11

Admissions

	87-88	86-87
by Service Area		
Northern Alberta Field Services	**1,304**	1,288
Central Alberta Field Services	**6,585**	6,991
Southern Alberta Field Services	**3,716**	3,810
Total	**11,605**	12,089

Admissions (Outpatient Centres)

	Client		Collateral	
	87-88	86-87	87-88	86-87
by Sex				
Male	6,420	6,955	518	521
Female	2,561	2,636	2,106	1,966
by Age Group				
-18	909	1,008	232	249
18-19	392	428	40	58
20-24	1,204	1,433	209	211
25-29	1,640	1,769	384	355
30-34	1,604	1,713	452	379
35-39	1,131	1,227	354	403
40-49	1,331	1,234	570	520
50 +	770	779	383	312
Average Number of Treatment Sessions for Those Discharged During the Year*	6.3 sessions (n=7,037)	6.1 sessions (n=9,398)	4.2 sessions (n=1,989)	4.3 sessions (n=2,394)

* Note: Not all 1987-88 discharge records were processed at the time of printing.

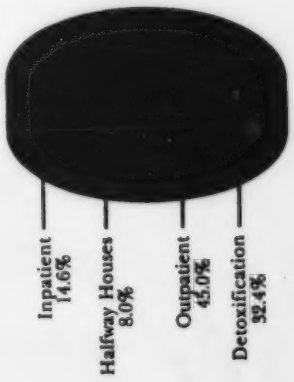
Funded Agencies Summary

	87-88	86-87
Number of Funded Agencies	29	31
Number of Programs Receiving Funding	43	45

Admissions by Type of Treatment

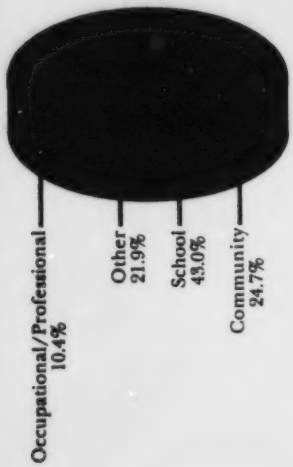
	87-88	86-87
Detoxification Centres	4,597	5,828
Inpatient Centres	2,070	2,273
Halfway Houses	1,138	1,064
Outpatient Centres	**6,366	5,563
Total	14,171	14,728

Figure E:
Admissions by Type of Treatment 1987/88



** In addition to these admissions, there were 46,952 admissions to the overnight shelters associated with detoxification units, 705 participants in 32 regular training courses, and 1,388 participants in adolescent outreach services.

Figure F:
Community Education Services
Projects Completed 1987-88



Community Education Services

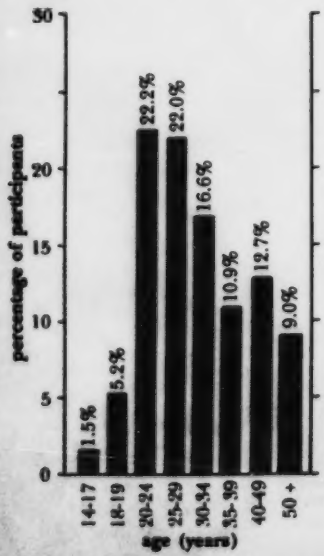
	Projects Completed Across Alberta		Number of Sessions	
	87-88	86-87	87-88	86-87
School	872	863	2,210	2,052
Occupational/ Professional	211	186	478	503
Health Systems	98	97	182	158
Social Services	144	182	328	461
Community	500	474	1,252	1,112
Media	165	90	292	179
Legal System	36	46	114	143
Total	2,026	1,938	4,856	4,608

Planning Ahead

	87-88	86-87
Number of Courses Across Alberta	636	670

Number of Participants		
	87-88	86-87
by Field Services		
Northern Alberta	1,402	1,656
Central Alberta	4,875	5,668
Southern Alberta	3,922	4,539
Total	10,199	11,863
by Sex		
Male	8,998	10,599
Female	1,201	1,264
by Age Group		
14-17	149	173
18-19	528	584
20-24	2,268	2,644
25-29	2,246	2,702
30-34	1,691	1,963
35-39	1,110	1,314
40-49	1,294	1,405
50 +	913	1,077
Unknown	0	1

Figure G:
Age of Planning Ahead Participants
1987-88



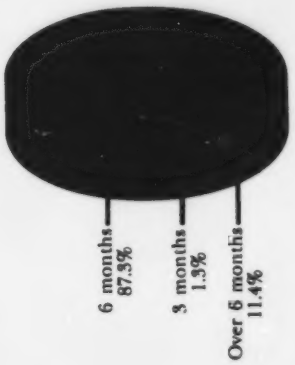
Number of Participants by Total Number of Drinking and Driving Convictions in Lifetime

	87-88	86-87
1 conviction	6,824	7,208
2 convictions	1,783	2,578
3 convictions	867	1,133
4 convictions	266	393
5 convictions	114	138
6 convictions	44	62
7+ convictions	57	43
Unknown	244	308

Length of Suspension Period

	87-88	86-87
3 months	123	1,199
6 months	8,603	8,001
12 months	599	1,644
18 months	29	0
36 months	526	623
Other	130	4
Unknown	189	392

Figure H:
Length of Suspension for Planning Ahead Participants



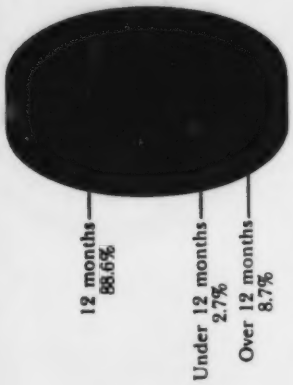
IMPACT

	87-88	86-87
Number of Courses Across Alberta	84	74

Number of Participants

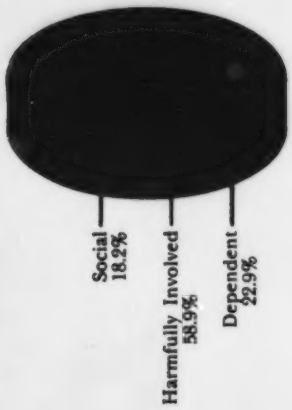
	87-88	86-87
by Field Services		
Northern Alberta	233	149
Central Alberta	1,445	1,011
Southern Alberta	947	719
Total	2,625	1,879
by Sex		
Male	2,448	1,789
Female	177	90

Figure J:
Length of Suspension for IMPACT Participants 1987-88



*
These participants have additional circumstances such as poor driving records.

Figure K:
Facilitator Assessment of IMPACT Participants' Alcohol/Drug Involvement 1987-88



**
Includes 2,601 participants who completed the program.

Number of Participants

	87-88	86-87
by Age Group		
14-17	3	6
18-19	23	20
20-24	547	413
25-29	707	465
30-34	443	331
35-39	288	218
40-49	376	250
50 +	238	176

Number of Participants by Total Number of Drinking and Driving Convictions in Lifetime

	87-88	86-87
1 conviction *	8	25
2 convictions	1,690	1,115
3 convictions	552	426
4 convictions	200	168
5 convictions	86	63
6 convictions	34	26
7+ convictions	36	32
Unknown	19	24

Length of Suspension Period

	87-88	86-87
3 months	5	16
6 months	63	80
12 months	2,225	1,465
18 months	71	16
36 months	146	182
Other	93	81
Unknown	22	39

Facilitator Assessment of Participants' Alcohol and/or Drug Involvement**

	87-88	86-87
Social	471	410
Harmfully Involved	1,527	994
Dependent	596	420
Other	7	19
Unknown	0	5

FINANCIAL HIGHLIGHTS

Expenditures by Organizational Structure

	1988	
Program Services		
	$ 1,984,912	
	1,387,246	
	1,022,058	
	1,048,282	
	3,432,498	
	6,858,668	
	317,917	
	12,609,083	
	1,613,029	
	3,276,231	
	2,103,816	
	6,993,076	
	1,657,247	
	1,618,877	
	206,653	
	445,031	
	181,080	
	191,633	
	4,303,523	
Total Program Services	23,905,682	
Program Support Services		
	111,854	
	2,388,540	
Total Program Support Services	2,500,394	
	26,406,076	
Less: Net Increase in Inventory of Materials and Supplies and Other Assets	9,892	
Total Expenditures	$ 26,205,170	

FINANCIAL STATEMENTS - MARCH 31, 1988

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ALBERTA LEGISLATURE

OFFICE OF THE AUDITOR GENERAL

AUDITOR'S REPORT

To the Members of the Alberta
Alcohol and Drug Abuse Commission

I have examined the balance sheet of the Alberta Alcohol and Drug Abuse Commission as at March 31, 1988 and the statements of revenue, expenditure and revenue surplus and equity in fixed assets for the year then ended. My examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as I considered necessary in the circumstances.

In my opinion, these financial statements present fairly the financial position of the Commission as at March 31, 1988 and the results of its operations and the changes in its financial position for the year then ended in accordance with the disclosed basis of accounting, considered appropriate in the circumstances, as described in Note 2 to the financial statements applied on a basis consistent with that of the preceding year.

Donald D. Salmon
C.A.
Auditor General

Edmonton, Alberta
July 30, 1988

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION

BALANCE SHEET

AS AT MARCH 31, 1988

	1988	1987
ASSETS		
Current:		
Cash	$ 5,705	$ 5,755
Accountable advances to staff	16,672	24,216
Federal sales tax receivable	5,688	6,689
Miscellaneous receivables	8,513	-
Inventory (Note 3)	901,254	861,357
	937,832	898,017
Fixed:		
Furniture and equipment, net (Note 4)	640,536	575,218
	1,578,368	1,473,235
Trust cash	53,877	44,947
	$1,632,245	$1,518,182
LIABILITIES AND EQUITY		
Current:		
Due to the Province of Alberta, net	$ 36,578	$ 36,660
Inventory reserve	901,254	861,357
Equity in fixed assets	640,536	575,218
	1,578,368	1,473,235
Trust:		
Patients' benevolent funds	11,646	8,023
Memorial Trust Fund	42,231	36,924
	53,877	44,947
	$1,632,245	$1,518,182

The accompanying notes are part of these financial statements.

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION

STATEMENT OF REVENUE, EXPENDITURE AND REVENUE SURPLUS

FOR THE YEAR ENDED MARCH 31, 1988

	1988	1987
REVENUE:		
Contributions by the Department of Community and Occupational Health	$26,308,076	$27,491,343
Other revenue:		
Patients' charges	30,940	33,220
Seminars	155	20,735
Federal sales tax recovery	5,677	5,615
Miscellaneous	83,212	12,207
	26,428,060	27,563,120
Transfer to the Province of Alberta	119,984	71,777
NET REVENUE	26,308,076	27,491,343
EXPENDITURE:		
Manpower:		
Salaries	10,999,569	10,782,645
Employer's contributions	1,324,386	1,345,096
Wages	981,644	1,326,474
Allowances and supplementary benefits	46,378	61,422
	13,351,977	13,515,637
Services and supplies:		
Professional, technical and labour services	4,233,958	5,088,309
Materials and supplies	662,145	574,661
Travel and relocation	467,101	569,865
Rental of equipment	152,893	170,270
Repairs and maintenance of equipment	84,534	86,658
Freight and postage	81,429	84,867
Other services	61,521	78,447
Telephone and communications	41,122	45,650
Advertising	69,759	41,989
Hosting	14,918	20,865
Insurance	879	1,453
	5,870,259	6,763,034
	19,222,236	20,278,671
Other:		
Direct financial assistance to outside agencies	6,858,668	7,003,070
Purchase of fixed assets	187,275	105,939
TOTAL EXPENDITURE	26,268,179	27,387,680
EXCESS OF REVENUE OVER EXPENDITURE	39,897	103,663
APPROPRIATION TO INVENTORY RESERVE	39,897	103,663
REVENUE SURPLUS	$ -	$ -

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION

STATEMENT OF EQUITY IN FIXED ASSETS

FOR THE YEAR ENDED MARCH 31, 1988

	1988	1987
Balance at beginning of year	$575,218	$589,784
Add:		
Investments in fixed assets:		
Purchases included as expenditures	187,275	105,939
Acquired by lease option	38,943	8,652
Trade-ins and exchanges	3,330	2,739
	$804,766	707,114
Deduct:		
Depreciation for the year	155,859	122,946
Disposals at net book value	8,371	8,950
	164,230	131,896
Balance at end of year	$640,536	$575,218

OFFICE OF THE AUDITOR GENERAL

ALBERTA ALCOHOL AND DRUG ABUSE COMMISSION

NOTES TO THE FINANCIAL STATEMENTS

MARCH 31, 1988

Note 1 Authority

The Alberta Alcohol and Drug Abuse Commission operates under the authority of the Alcohol and Drug Abuse Act, Chapter A-38, Revised Statutes of Alberta 1980, as amended.

Note 2 Significant Accounting Policies and Reporting Practices

(a) These financial statements have been prepared in accordance with generally accepted accounting principles except that:

(i) Fixed assets are charged to expense at date of acquisition. Fixed assets are also shown on the balance sheet at original cost less accumulated depreciation with a corresponding credit to equity in fixed assets. Depreciation, calculated on a straight-line basis, is charged to equity in fixed assets.

(ii) Capital leases are treated as operating leases.

(b) Inventories of materials and supplies are valued at cost. Books, tapes and films are valued at 50% of cost.

(c) Contributions from the Province of Alberta used to finance inventory are reported as being appropriated to the inventory reserve.

(d) A statement of changes in financial position is not provided as disclosure in these financial statements is considered to be adequate.

Note 3 Inventory

Inventory consists of:

	1988	1987
Materials and supplies	$463,758	$442,254
Books, tapes and films	437,496	419,103
	$901,254	$861,357

Note 4 Fixed Assets

Fixed assets consist of the following:

	Cost	Accumulated Depreciation	1988 Net	1987 Net
Furniture and equipment	$1,155,948	$693,716	$462,232	$468,138
EDP equipment	458,154	279,850	178,304	107,080
	$1,614,102	$973,566	$640,536	$575,218

Note 5 Contributions by the Province of Alberta

The Province of Alberta recovers part of its contributions to the Commission from the Government of Canada under the Vocational Rehabilitation of Disabled Persons and other agreements. Amounts recovered are included in revenue of the Department of Community and Occupational Health. Claims relating to the Commission's activities for the years ended March 31, 1988 and March 31, 1987 amount to $6,443,127 and $9,585,138 respectively.

Note 6 Administrative Expenses

Accommodation and other administrative expenses incurred in the administration of the Commission are born by the General Revenue Fund and are not reflected in these financial statements.

Note 7 Comparative Figures

The 1987 figures have been reclassified where necessary to conform to 1988 presentation.

Note 8 Approval of Financial Statements

These financial statements were approved by management.